

The ROYAL MARSDEN

NHS Foundation Trust

The Royal Marsden

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CLINICAL ROTATION SUMMARY IN A REFERENCE SARCOMA UNIT. ROYAL MARSDEN HOSPITAL. LONDON. (from 01/09/2017 until 01/12/2017).

1) Royal Marsden Sarcoma Unit. General timetable:

Monday

- Morning- Research Clinic with the research nurses, mostly patients on oral targeted therapies studies.
- Lunchtime- Journal Club (from 12:30pm to 13:30 pm) This is a teaching meeting where anyone presents a recently published paper, followed by a discussion.
- Afternoon- Sarcoma and GIST Outpatients clinic (suite 3)
- Alternate week Thoracic MDT at Brompton Hospital.

Tuesday

- Research day.

Wednesday

- Morning- Sarcoma chemotherapy clinic in the Medical Day Unit.
- Alternate week Thoracic MDT at Brompton Hospital.
- Afternoon (3pm)- Research meeting-to discuss patients in clinical trials, any issues arising from clinical trials, recruitment and upcoming studies.

Thursday

- Morning (10am) - Ward round, discussing current inpatients, Wednesday chemotherapy patients and reviewing the afternoon outpatient clinics.
- Lunchtime - alternate Thursday Multi Disciplinary Team (MDT) meeting, with all of the Sarcoma Unit.
- Afternoon (2pm) – Sarcoma outpatient clinic (suite 1)

Friday

- Research morning.



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- Lunchtime – Sarcoma MDT 12.30pm including pathology MDT.

2) Teaching activities:

- I attended “Journal Club” at lunchtime every Monday.
- I attended the multidisciplinary conference “Soft Tissue Sarcoma: a Clinical Update” the 26th of September of 2017 (From 09:00 am to 16:00 pm) in the Royal Marsden Conference center.

3) Research activities:

- I participated as an observer in the recruitment and follow-up of patients included in the clinical trials developed during my stay in Royal Marsden Sarcoma Unit.
- I collaborated with Dr. Christiana Matheou completing the database of the research project titled “**Outcomes of patients presenting to the RMH with benign metastasising leiomyoma**” designed and supervised by Dr. Charlotte Benson. This Project has been designed because there is evidence reporting that some of our patients with leiomyoma/ low grade LMS have high levels of HGB, HCT and RBC, in uterine leiomyoma in association with high levels of erythropoietin and bigger tumour size. Our Project aims to confirm if this is true in our own group (Levels of hemoglobin(HGB), hematocrit(HCT) and red blood cell(RBC) count in association with size of primary tumours, of the biggest metastases or outcomes of patients with a diagnosis of benign metastasising leiomyoma who presented to or were referred to the Royal Marsden Hospital, London between 1980 and 2017.
- I collaborated as a data collector in the research project titled “**Prospective evaluation of Olaratumab treatment in sarcoma patients as first line in combination with Doxorubicin**” whose designer and contact person is Dr. Ana Sebio-Garcia and it is supervised by Dr. Charlotte Benson.

This Project aims to increase the knowledge of the tolerance, toxicity and efficacy of Olaratumab in combination with Doxorubicin as first line setting in soft tissue sarcoma in a non-trial population.

- I had the opportunity to participate as observer and discuss with Dr. Olga Husson and Emma Lidinghton, Msc, PhD student about the Project titled "**The young adult cancer patient journey**" (Protocol Reference: CCR4648). This is a Qualitative study based on semi-structured interviews and focus groups which will be conducted with young adult cancer patients about supportive care needs and preferences and expectations towards age-specific cancer care. The investigators allowed me to attend as observer to the first focus group of this project that took place on November 27th at Royal Marsden Hospital. This experience has allowed me to improve my knowledge of qualitative research method in order to apply them in developing my PhD project.

It is hereby confirmed that Dr. Alicia Quílez Cutillas has actively participated daily in these activities previously mentioned, that took place in Royal Marsden Sarcoma Unit from the first of September of 2017 (01/09/2017) to the first of December of 2017 (01/12/2017) following the approximate daily schedule from 9 am to 5 pm.

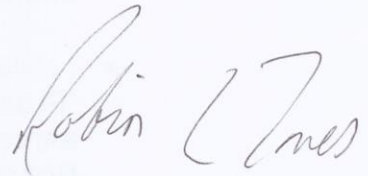
If you have any questions or need further information, please do not hesitate to contact Dr Charlotte Benson, Consultant of Sarcoma Unit (Charlotte.benson@rmh.nhs.uk)

1st of December of 2017



Alicia Quílez-Cutillas

Charlotte Benson



Robin Jones

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1st of December of 2017

To whom it may concern:

It is hereby confirmed that Dr. Alicia Quílez Cutillas has actively participated on a daily basis in the multidisciplinary teams, research meetings, ward rounds, outpatient clinics, research and chemotherapy clinics of the Sarcoma Unit of the Royal Marsden Hospital, between the first of September of 2017 (01/09/2017) and the first of December of 2017 (01/12/2017) following the approximate daily schedule of 9 am to 5 pm.

If you have any questions, please do not hesitate to contact me.

Charlotte Benn Dr C. BEMSON

Robin L Jones

ROBIN L. JONES



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